

NATATION			GYM		
				8H40	10H20
6/9	3/4/5/6		5/9	1/2	3/4/5/6/
13/9	1/2		12/9	3/4/5/6	1/2
20/9	3/4/5/6		19/9	1/2	3/4/5/6
27/9	1/2	CONGE	26/9	1/2	3/4/5/6
4/10	1/2		3/10	3/4/5/6	1/2
11/10	3/4/5/6		10/10	1/2	3/4/5/6
18/10	1/2		17/10	3/4/5/6	1/2
25/10	3/4/5/6		24/10	1/2	3/4/5/6
8/11	1/2		7/11	3/4/5/6	1/2
15/11	3/4/5/6		14/11	1/2	3/4/5/6
22/11	1/2		21/11	3/4/5/6	1/2
29/11	3/4/5/6		28/11	1/2	3/4/5/6
6/12	1/2		5/12	3/4/5/6	1/2
13/12	3/4/5/6		12/12	1/2	3/4/5/6
20/12	1/2		19/12	3/4/5/6	1/2
10/1	3/4/5/6		9/1	1/2	3/4/5/6
17/1	1/2		18/1	3/4/5/6	1/2
24/1	3/4/5/6		23/1	1/2	3/4/5/6
31/1	1/2		30/1	3/4/5/6	1/2
7/2	1/2	ADEPS	6/2	3/4/5/6	1/2
14/2	3/4/5/6		13/2	1/2	3/4/5/6
21/2	1/2		20/2	3/4/5/6	1/2
28/2	3/4/5/6		27/2	1/2	3/4/5/6
14/3	1/2		13/3	3/4/5/6	1/2
21/3	3/4/5/6		20/3	1/2	3/4/5/6
28/3	1/2		27/3	3/4/5/6	1/2
4/4	3/4/5/6		3/4	1/2	3/4/5/6
25/4	1/2		24/4	3/4/5/6	1/2
2/5	3/4/5/6/		1/5		
9/5	1/2		8/5	3/4/5/6	1/2
16/5	3/4/5/6		15/5	1/2	3/4/5/6
23/5	1/2		22/5	3/4/5/6	1/2
30/5	3/4/5/6	CONGE	29/5	1/2	3/4/5/6
6/6	1/2		5/6	3/4/5/6	1/2
13/6	3/4/5/6		12/6	1/2	3/4/5/6
20/6	1/2		19/6	3/4/5/6	1/2
27/6			26/6	1/2	3/4/5/6